

FAA Level 3 Award in Supervising First Aid for Mental Health (RQF)

COURSE OVERVIEW:

This course builds on the Level 2/5 Award in First Aid for Mental Health and covers a wider range of mental health conditions. The course is suitable for all persons within a workplace but is aimed at those who hold a supervisory/managerial level position and who have responsibility for implementing a positive mental health culture and responsibility for First Aid for Mental Health within an organisation.

COURSE TOPICS:

- What is First Aid for Mental Health?
- Identifying mental health conditions
- Providing advice and starting a conversation
- Drugs and alcohol
- First Aid for Mental Health action plan
- First Aid for Mental Health in the workplace
- A large range of Mental Health conditions covered in detail

COURSE LENGTH:

A minimum of 12 hours spread over at least two days.

HOW & WHERE IS IT ASSESSED:

Summative practical assessment is ongoing by the instructor each day, along with a written assessment on each day and, can be assessed both in-house and on-site.