

# Highfield Level 3 Award in Health and Safety in the Workplace (RQF)

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## COURSE TOPICS:

- The legal framework relating to health and safety at work
- The main causes of injuries and ill health at work
- Safety management systems
- The costs associated with accidents and ill health
- The benefits of risk assessment and the different types available
- Understanding workplace hazards and minimising ill health and injuries
- Managing the effects of accidents and incidents in the workplace.

## COURSE LENGTH:

The total qualification time for this qualification is 30 hours and of this 21 hours is recommended as guided learning hours.

## HOW & WHERE IS IT ASSESSED:

This qualification is assessed via multiple choice question examination. This qualification will usually be delivered in a classroom environment, however, if it is delivered via e-learning or a blended learning approach then GLH would be adjusted accordingly

## WHAT HAPPENS NEXT:

Upon successful completion of this qualification, learners may wish to continue their development by undertaking one of the following qualifications:

- Highfield Level 3 Award in Risk Assessment
- Highfield Level 4 Award in Health and Safety within the Workplace

# SAMPLE QUESTIONS

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**USING LOW VOLTAGE TOOLS IN THE WORKPLACE WILL HELP TO REDUCE THE LIKELIHOOD OF:**

- a) Vibration white finger
- b) Crush injuries
- c) Electrocution
- d) Hearing loss

**WHICH OF THE FOLLOWING IS MOST LIKELY TO CAUSE WORK RELATED ILL HEALTH?**

- a) Dermatitis
- b) Respiratory disease
- c) Musculoskeletal disorders
- d) Cancer